walk - - mile
Centre for Advanced Orthopaedics

Practice no. 028 000 485853
Unit 2 • Lifestyle Management Park • Next to Unitas Hospital • 223 Clifton Avenue • Lyttleton, Pretoria • 0157
Suite 102 • Mediclinic Midstream • Cnr Midstream drive and Midstream Blvd • Midstream Estates • 1665

Patient medical history

1. Allergies

____
____
____
____

2. Risk factors
(Are you currently using any of these medications)

Cortisone	
Anti-Inflammatories	
Anti-Depressants	
Sedatives	
Anti-Coagulants	
Aspirin	
Antibiotics	

3. Medication history
(Home medication eg. High blood pressure medication)

4. Medical history
(E.g. High blood pressure, diabetes)

____
____
____

Do you smoke? Y/N
If yes, how many per day? _____

_______________ _______________
Patient signature Date

Dr. Franz F Birkholtz
MBChB FC Orth(SA)
MMed (Orth)(Pret)

Box 11328, Centurion, 0049
Unitas: Tel: 012-644-2641 • Fax:012-644-2642 • enquiries@walkamile.co.za
Midstream: Tel: 012-6529401 • reception@walkamile.co.za

Dr. Phillip de Lange
MBChB FC Orth(SA)